



Cuisine for Healing Registered Certification Symbol

When you see our certification symbol on a food item it means that the ingredients used in the services provided.

Will Not Contain:

- Hormones
- Antibiotics
- Synthetic or Conventional Herbicides
- Synthetic or Conventional Pesticides
- Refined Sugar
- Artificial Colors
- Artificial Flavors
- Artificial Sweeteners
- Preservatives
- MSG
- Refined Oils.....
- Hydrogenated or partially hydrogenated oils
- Trans Fats
- Farm Raised Fish
- Soy products

Will be:

- Ingredients used will be Organic - when possible
Organic is as defined by *The USDA National Organic Program (NOP)*

Cooking not to include:

- Chargrilled
- Use of Plastics or Styrofoam
- Fried foods