Veggie Hummus Wrap

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| **Nutrition Facts** | |
| Servings 1.0 | |
| Amount Per Serving | |
| **calories** 397 | |
| **% Daily Value \*** | |
| **Total Fat**10 g | **16 %** |
| Saturated Fat 0 g | **2 %** |
| Monounsaturated Fat 1 g | |
| Polyunsaturated Fat 3 g | |
| Trans Fat 0 g | |
| **Cholesterol** 0 mg | **0 %** |
| **Sodium** 404 mg | **17 %** |
| **Potassium** 580 mg | **17 %** |
| **Total Carbohydrate** 63 g | **21 %** |
| **Dietary Fiber** 9 g | **38 %** |
| **Sugars** 3 g |  |
| **Protein** 13 g | **26 %** |
| Vitamin A | **96 %** |
| Vitamin C | **40 %** |
| Calcium | **44 %** |
| Iron | **14 %** |
| \* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA. | |