Fall Grain Bowl

Nutrition Facts

1 serving per container

Serving size **(0.0g)**

Amount Per Serving

Calories **710**

	% Daily Value*
Total Fat 15g	**19%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 10mg	**3%**
Sodium 230mg	**10%**
Total Carbohydrate 136g	**49%**
Dietary Fiber 14g	**50%**
Total Sugars 32g	
Includes 9g Added Sugars	**18%**
Protein 15g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 5.2mg	30%
Potassium 28640mg	610%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BROWN RICE, QUINOA, SWEET POTATO, BRUSSEL SPROUTS, BROCCOLI, CRANBERRIES, HONEY, DIJON MUSTARD, MAYO

CONTAINS: EGG

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104